Do's and Don'ts

**Do's**

- All cards must be **100% handmade**
  - We are **unable to deliver store-bought cards**
- Holiday cards are great, but we prefer cards that can be **enjoyed by the recipients year-round**
- All artists should **sign the cards with their first name and location** (i.e. From, Angie in Ann Arbor, MI!)
- Encourage those who know multiple languages to create cards in other languages
- **Take pictures and screenshots of video conferences with artists making and holding their cards**

**Don'ts**

- **Uplifting Spirits** is our main goal, so our Golden rule is, to be sure that the cards have an **uplifting message** and **do NOT refer to patients' conditions**.
  - Do not say things like, "Get well soon," "Stay Strong," or "Hang in there"
- Please **avoid religious references**
- Please **avoid fuzz balls and pipe cleaners** as they tend to not stick to the cards well and fall off during transit
  - Check out this [blog post](#) for more info
### Text Examples

#### PROCLAMATIONS & AFFIRMATIONS
- You Rock!
- You’re one in a minion
- Shine bright like a diamond
- Bee
  - Buzzing by to say Hi!
- Minions
  - You’re One in a Minion
- Cat
  - You’re Purrrrrfect
- Ninja Turtle
  - You’re Turtley Awesome!
- An Owl
  - OWL Always Love You
- Balloons
  - Have an Uplifting Day
- Pacman
  - You’re the Chompion
- Hippopotamus
  - Hip Hip Hooray!

#### JOKES
- Why can’t Elsa from Frozen have a balloon?
  - Because she’ll "let it go", "let it go"
- What did the little corn say to the mama corn?
  - Where is pop corn?
- What kind of tree fits in your hands?
  - A palm tree